sunflower
rev it up for parkinson’s
Symposium & Expo
A free education event for patients, families and caregivers
SATURDAY, AUGUST 12, 2017

UCHealth.com/events/sunflower2017
### Program

#### Optional Pre-Sessions

- **9 – 9:25 a.m.**
  - Dance as an Artistic Outlet and Exercise Therapy  
  - *Kate Stark*

- **9 – 9:25 a.m.**
  - Self-Care for the Caregiver  
  - *Barbara Walker, PhD*

#### General Session

- **9:30 – 9:40 a.m.**
  - Welcome  
  - *Andrew Duker, MD & Kim Seroogy, PhD*

- **9:40 – 10 a.m.**
  - Medical Management and Treatment of Non-Motor Symptoms  
  - *Cara Jacob, MD*

- **10 – 10:25 a.m.**
  - Exercises for Daily Living  
  - *Lisa Coors, MBA, ACE-MES & Kristi Liberati, ACE-CPT*

- **10:25 – 10:50 a.m.**
  - Advanced Therapies for Parkinson’s Disease  
  - *Aristide Merola, MD, PhD*

- **10:50 – 11:10 a.m.**
  - Playing for Time: How Music Helps Me Deal with Parkinson’s  
  - *Amy Dennison, MM*

- **11:10 – 11:30 a.m.**
  - The BIGger the Better/Let’s get LOUD: How to get the most out of your therapy  
  - *Stephani Bellm, PT, DPT, Leann Bond, PT, DPT, & Brad Carr, MA, CCC/SLP*

- **11:30 – 11:40 a.m.**
  - Rev It Up Walk, Ride, Run  
  - *Steve Hammooor*

- **11:40 – 12:25 p.m.**
  - Lunch & Musical Performance with The Big Johnson Brothers and the Rhumba Girls

- **12:25 – 12:35 p.m.**
  - Victory Award Presentation  
  - *Alberto Espay, MD, MSc*

- **12:35 – 12:50 p.m.**
  - UC Gardner Neuroscience Institute Building Sneak Peek  
  - *Joseph Broderick, MD*

- **12:50 – 1:15 p.m.**
  - Research Snapshot  
  - *Andrew Duker, MD & Kim Seroogy, PhD*

- **1:15 – 1:50 p.m.**
  - Panel Q & A  
  - Moderator: *Alberto Espay, MD, MSc*  
  - Panel: *Maureen Gartner, MSN, NP-C, Amy Dennison, Andrew Duker, MD, George Mandybur, MD, Aristide Merola, MD, PhD, Kim Seroogy, PhD*

- **1:50 – 2 p.m.**
  - Concluding Remarks
REGISTRATION

**Deadline: August 8, 2017**
To register or for more information:
Online: [UCHealth.com/events/sunflower2017](http://UCHealth.com/events/sunflower2017)
Call: 513-558-4050

Mail: Gardner Family Center
c/o Lori Selm
PO Box 670525
Cincinnati, OH 45267-0525

FACULTY

**Symposium Co-Chairs:** Andrew Duker, MD & Kim Seroogy, PhD

**Stephani Bellm, PT, DPT**  
Physical Therapist, Daniel Drake Center for Post-Acute Care, UC Health

**Leann Bond, PT, DPT**  
Physical Therapist, Daniel Drake Center for Post-Acute Care, UC Health

**Joseph Broderick, MD**  
Professor of Neurology and Rehabilitation Medicine, University of Cincinnati; Director, UC Gardner Neuroscience Institute

**Brad Carr, MA, CCC/SLP**  
Speech-Language Pathologist, Daniel Drake Center for Post-Acute Care, UC Health

**Lisa Coors, MBA, ACE-MES**  
Owner, Coors Core Fitness, LLC

**Amy Dennison, MM**  
Patient and Advocate; University of Cincinnati-College of Music Preparatory & Community Engagement

**Andrew Duker, MD**  
Associate Professor of Neurology and Rehabilitation Medicine and Division Director of Movement Disorders, University of Cincinnati; James J. and Joan A. Gardner Family Center for Parkinson’s Disease and Movement Disorders, UC Gardner Neuroscience Institute

**Alberto Espay, MD, MSc**  
Associate Professor of Neurology and Rehabilitation Medicine, University of Cincinnati; Medical Director, James J. and Joan A. Gardner Family Center for Parkinson’s Disease and Movement Disorders, UC Gardner Neuroscience Institute

**Maureen Gartner, MSN, NP-C**  
Nurse Practitioner, James J. and Joan A. Gardner Family Center for Parkinson’s Disease and Movement Disorders, UC Gardner Neuroscience Institute

**Amy Dennison, MM**  
Patient and Advocate; University of Cincinnati-College of Music Preparatory & Community Engagement

**Steve Hammoor**  
Patient and Advocate

**Cara Jacob, MD**  
Assistant Professor of Neurology and Rehabilitation Medicine, University of Cincinnati; James J. and Joan A. Gardner Family Center for Parkinson’s Disease and Movement Disorders, UC Gardner Neuroscience Institute

**Kristi Liberati, ACE-CPT**  
Coors Core Fitness, LLC

**George T. Mandybur, MD, FACS**  
Associate Professor of Neurosurgery, University of Cincinnati; Mayfield Clinic; James J. and Joan A. Gardner Family Center for Parkinson’s Disease and Movement Disorders, UC Gardner Neuroscience Institute

**Aristide Merola, MD, PhD**  
Assistant Professor of Neurology and Rehabilitation Medicine, University of Cincinnati; James J. and Joan A. Gardner Family Center for Parkinson’s Disease and Movement Disorders, UC Gardner Neuroscience Institute

**Kim Seroogy, PhD**  
Professor of Neurology and Rehabilitation Medicine, and Director, The Selma Schottenstein Harris Lab for Research in Parkinson’s, University of Cincinnati; James J. and Joan A. Gardner Family Center for Parkinson’s Disease and Movement Disorders, UC Gardner Neuroscience Institute

**Kate Stark**  
Dance Instructor, Dancing with Parkinson’s Cincinnati

**Barbara Walker, PhD**  
Integrative and Executive Health Performance Psychologist; Assistant Professor of Psychiatry, University of Cincinnati
**DIRECTIONS**

The Oasis
902 Loveland-Miamiville Road
Loveland, OH 45140
513-583-8383
www.oasisconferencecenter.com

Parking is free.

**AREA HOTEL**

Hilton Garden Inn
Cincinnati Northeast
6288 Tri Ridge Blvd
Loveland, Ohio 45140
(513) 576-6999

$129/night when you mention the “Oasis Rate”

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**SUNFLOWER REV IT UP FOR PARKINSON’S WALK, RIDE, RUN**

Sunday, Sept. 10, 2017
Sawyer Point, Cincinnati
Bike Ride (25K, 40K, 100K)
5K Walk/Run
40K bike/5K Run Brick Challenge

For more information, visit SunflowerRev.org or call (513) 558-6903.

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**REGISTRATION FORM FOR SUNFLOWER SYMPOSIUM**

Number of RSVPs: _____
Name: ___________________________ Guest Name(s): ___________________________
Email: ___________________________
Street Address: ___________________ City: __________ State: _____ Zip: _____

Pre-Session (check one):
- Dance as an Artistic Outlet and Exercise Therapy
- Self-Care for the Caregiver

Would you like to sign up for Neuroscience News?
- Yes    - No

Mail your form to:
Gardner Family Center
c/o Lori Selm
PO Box 670525
Cincinnati, OH 45267

You can also register online at UCHealth.com/events/sunflower2017.
For questions, call (513) 569-5354.