



JESSE A. PORTUGAL, MD

PHYSIATRIST

Areas of expertise – musculoskeletal and spine problems; electrodiagnostics for neuropathic, myopathic, and radicular dysfunctions; spinal injections for back pain, including epidural spinal injections, facet injections, sacroiliac joint injections and medial branch blocks

Appointments

513.221.1100 or
800.325.7787

Office locations

TriHealth Fitness & Health Pavilion
6200 Pfeiffer Road, Suite 360
Cincinnati, Ohio 45242

UC Physicians Building
7700 University Court, Suite 3400
West Chester, Ohio 45069

Mercy Center for Health and Wellness
3050 Mack Road, Suite 202
Fairfield, Ohio 45014

For more information

www.mayfieldclinic.com

Education

- Undergraduate: Concordia College, Moorhead, Minnesota, 1973-1977
- Medical School: University of Minnesota, Minneapolis, 1983-1987
- Internship: Southwestern Michigan Area Health Education Center, Kalamazoo, Michigan, 1987-1988
- Residency: Physical Medicine and Rehabilitation, University of Cincinnati Medical Center, 1988-1991

Certification

American Board of Physical Medicine and Rehabilitation

Experience

- Mayfield Clinic & Spine Institute, Cincinnati: Physiatrist, 1999, and 2001-present
- Wellington Orthopedic and Sports Medicine, Cincinnati: Physiatrist, 2000-2003
- University Rehabilitation, Inc., Cincinnati: Physiatrist, 1999-2000
- Rehabilitation Hospital of South Texas, Corpus Christi: Medical Director, 1996-1999
- Texas Workers Compensation Commission: Designated Doctor, 1996-1999
- St. Joseph's Rehabilitation Hospital and Outpatient Center, Albuquerque, New Mexico: Physiatrist, 1991-1996

Primary hospital affiliations*

Mercy HealthSouth Ambulatory Surgery Center, Mercy Hospital Fairfield, Mayfield Clinic Spine Surgery Center

**Mayfield is affiliated with most major hospitals in Cincinnati and Northern Kentucky.*

Professional memberships

Academy of Medicine of Cincinnati
American Academy of Physical Medicine and Rehabilitation
American Medical Association
American Association of Neuromuscular and Electrodiagnostic Medicine
International Spine Intervention Society
Ohio State Medical Association